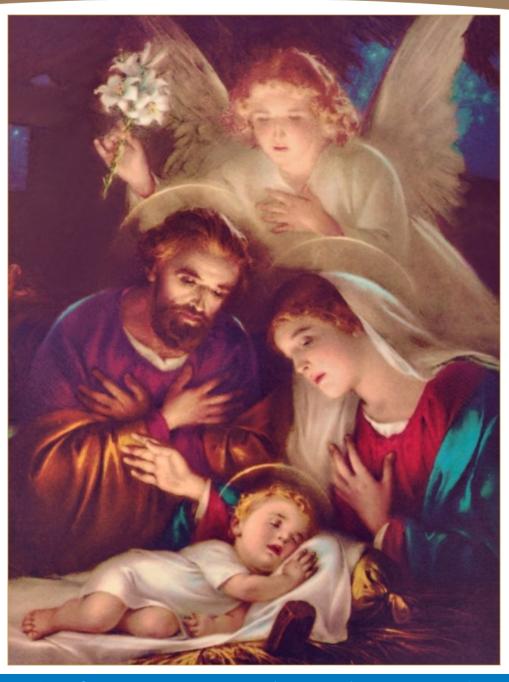


# St. John the Baptist Catholic Parish

Longmont, Colorado



Holy Family of Jesus, Mary, and Joseph – December 31, 2017
Please visit us at www.johnthebaptist.org.

## Welcome! We're so glad you're here.

#### Parish Office Hours

 Sunday:
 8:00 a.m. - 12:30 p.m.

 Monday - Thursday:
 7:30 a.m. - 4:30 p.m.

 Friday:
 7:30 a.m. - 3:30 p.m.

 Saturday:
 4:00 p.m. - 5:00 p.m.

**Reception Desk:** 303-776-0737

### **Baptism Preparation Classes**

Parents and godparents must attend baptism preparation class prior to a child's baptism. At least one godparent must be a confirmed Catholic and lead a life in harmony with the Catholic faith by providing proof of Confirmation and, if applicable, marriage in the Catholic Church. Classes will be held in Benedict Hall. Pre-registration and a \$25 per person fee are required to attend a class. No registrations will be accepted at class. Adults only—no children, please.

English Baptism Class - January 2nd at 6:30 p.m.

Baptisms take place on the 2nd Saturday of each month at 10:00 a.m.

Spanish Baptism Class - January 11th at 7:00 p.m.

Spanish baptisms are on the 1st and 3rd Saturdays of each month at 10:00 a.m.

## St. John the Baptist Catholic School Office Hours

Our school office hours are Monday through Friday, 7:30 a.m. - 3:30 p.m. when school is in session.

If you wish to get in touch with our school office personnel, please e-mail schooloffice@johnthebaptist.org, or call 303-776-8760.

### Gift Shop Hours

 Saturday:
 3:30 p.m. - 5:00 p.m.

 Sunday:
 8:00 a.m. - 12:15 p.m.

 Wednesday:
 8:00 a.m. - 3:00 p.m.

 Thursday:
 8:00 a.m. - 12:00 p.m.

 Friday:
 9:00 a.m. - 12:00 p.m.



Please contact Nancy Olivari at 303-776-0737.

Please see our ad on page 4.

All profits go to our St. John's Food Bank.

## Mass Times

Weekdays: 6:30 a.m. and 8:15 a.m. Misa en Español: Jueves 6:00 p.m.

Saturday: 5:00 p.m.

Sunday: 7:00 a.m., 8:30 a.m., 10:30 a.m.,

and 4:00 p.m.

Misa en Español: 12:30 p.m. and 6:00 p.m.

#### First Saturday of the Month

8:30 a.m. Mass in chapel

#### Reconciliation

**Thursday:** 4:30 p.m. 7:00 a.m. **Saturday:** 3:30 p.m. Also by appointment.

On vacation and looking for a Catholic Mass? Please visit www.catholic-mass-times.com for a Mass near you.

### **Anointing**

Please call 303-776-0737 for an appointment.

#### **Eucharistic Adoration**

**Monday:** 9:00 a.m. - 8:45 p.m. **Tuesday:** 9:00 a.m. - 6:00 p.m. **Thursday:** 9:00 a.m. - 8:45 p.m.

To inquire about or sign up for Adoration, please contact Dorothy Sanchez at 303-485-6326, or Benita Valencia (en español) at 720-224-6290.

#### Children's Adoration

**Thursday:** 3:00 p.m. - 4:00 p.m.

All children and their parents are welcome. Please call Dorothy Sanchez at 303-485-6326 for more information

### Planning a Wedding?

Please contact our parish office by calling 303-776-0737 at least **eight months in advance** of your planned wedding date

### St. John's Food Bank

804 S. Lincoln Street Longmont, CO 80501

**Phone:** 303-678-1469

E-mail: sjbfoodbank@gmail.com

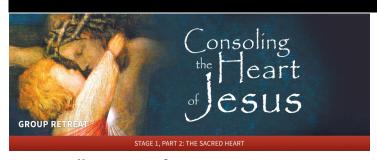


#### **Hours of Operation**

 Tuesdays
 10:30 a.m. - 7:00 p.m.

 Wednesdays
 11:00 a.m. - 5:00 p.m.

 Thursdays
 10:00 a.m. - 1:00 p.m.



## All Hearts Afire-Stage 1, Part 2 The Sacred Heart

Ten weeks Mondays 6:30 p.m. Rosary 7:00 - 8:30 p.m. Retreat Beginning January 18th

This retreat is based on the popular book by
Fr. Michael Gaitley, MIC, with insights from great saints
like Therese of Lisieux, Faustina Kowalska, and
Mother Teresa; and has all the tools you'll need
to "become a saint, a great saint, and quickly."

For information, questions, or registration, contact
Julie Medearis - 720-840-0974
jmedearis@gmail.com
Brian and Kristine Dodd - 303-667-8352
ksdodd.06@gmail.com

#### New Year's Day Schedule

January 1st, Not a Holy Day of Obligation Parish office and Eucharistic Adoration closed. Daily Masses at 6:30 and 8:15 a.m.





## **Gospel Meditation**

"When they had fulfilled all the prescriptions of the law of the Lord, they returned ... to their own town of Nazareth." Mary and Joseph were faithful Jews who

followed the norms of their religion. Today's gospel describes the event we call "The Presentation." Jesus' parents, like every Jewish family, presented their infant son to the Lord in a formal



ceremony at the temple in Jerusalem. Having done what their religious rites required (and having heard the prophetic words of Simeon and Anna), Mary and Joseph returned home. It was back in their native region of Galilee, amidst the daily routine of domestic life, that Jesus "grew and became strong, filled with wisdom."

As Christians, we too consecrate our children to the Lord when we have them baptized in the Church. Seeing our children receive this sacrament of initiation is always a moment of great joy and hope as we anticipate the life that lies ahead for them, both on earth and in eternity. But the baptism of a baby is only the beginning of this journey towards heaven. In truth, the little daily details, the simple living of family life in our own home paves the way for our children to reach their eternal home.

And so it was with the Holy Family. Jesus' childhood, His formation, and development took place not primarily amidst the public drama of the temple, but in the quiet privacy of his home. How important this home was, where His parents raised him in their faith and helped Him live in such a way that "the favor of God was upon Him." May we too, in our homes and our families, remember that although our mission may be lived out in very small moments, taken together they have an eternal significance.

#### Stuebenville of the Rockies

Fr. Humberto and Fr. Daniel are leading youth in grades 8-12 to the Steubenville of the Rockies Conference, a high intensity, prayerful youth conference that is aimed to equip your child to tackle the challenges of high school

WHERE: DIA Crowne Plaza

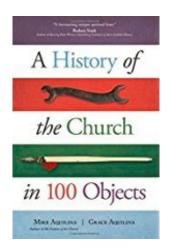
**WHEN:** June 22-24

COST: \$225 (\$195 for the retreat and \$30 for other SJB activities related to weekend) \*Scholarships available.
CONTACT INFO: frdanielc@johnthebaptist.org

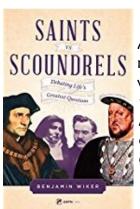
Your Local Source to Live, Celebrate, and Share Your Catholic Faith!

## In Our Gift Shop...

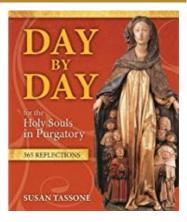
Start 2018 off with a new Daily Devotional. We have a large selection to choose from.

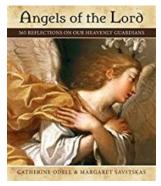


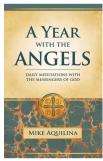
New from Mike Aqulina: A History of the Church in 100 Objects

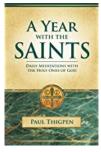


Also
new this
week: Saints
vs. Scoundrels
Debating Life's
Greatest
Questions.

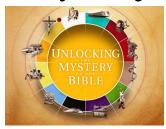








## Unlocking the Mystery of the Bible Tuesday Morning Bible Study



If you would like to have a deeper relationship with God and a better understanding of your faith, then join us for *Unlocking the Mystery of the Bible*. You will not only benefit personally from being part of this study, you will also help to bring about a

profound renewal in our parish as we grow closer to Christ. *Unlocking the Mystery of the Bible* helps you uncover meanings with a clever narrative approach and ingenious color-coded Bible timeline. Please register by January 1st so that we can have study guides available. Our first study session will begin on Tuesday, January 9th in Benedict Hall from 9:30 to 11:00 a.m. For more information, or to sign up, please contact Pauline at 303-651-0109, or Betty at 303-772-0620.

#### SJB Christmas Ornaments



Fr. Humberto invites you to purchase our first annual Christmas ornament. Ornaments are \$7.00 (tax is included). Now available in our Gift Shop.

## What is Formed.org?

#### Resolve to Learn More About Your Faith This Year



FORMED.org is a revolutionary online platform featuring the best Catholic videos, audio talks, e-Books, and movies from trusted partners like the Augustine

Institute, St. Paul Center, Marian Fathers, Lighthouse Catholic Media, Ignatius Press, and Word on Fire. Catechism and Personal Faith Formation are at the fingertips of every parishioner. Logging in is so simple. Our password is THGJPP. Make a point of logging in today to see how you can enrich your Catholic experience.



Stop in to check out our end of the year clearance sale! You don't want to miss great bargains on select items!

Visit us at www.facebook.com/longmont2017/. You may also access it though www.johnthebaptist.org. Get all our latest updates, pictures, and information.



### Fellowship for Our Community

There will be no coffee and donuts this weekend.

Please be sure and join us in Benedict Hall on the following dates:

January 7th:

Burrito Sunday Coffee and Donuts

January 14:

Delicious Meals

January 19th:

T.G.I.F.

January 21st:

Parish Breakfast Coffee and Donuts





Delicious Meals from our Hispanic Ministry

Breakfast burritos from the Grace Notes Bell Choir

### Why Do We Do That?

What can I do to help our family practice our faith each day?

Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God's people, in relationship with Him, loved, forgiven, and redeemed, and called to live and proclaim the gospel. Our awareness of God's presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God's people.

## Hope Springs Eternal

Every new year brings new hope. Thankfully, hope springs eternal in mankind and we look forward to bettering our situations and improving our relationship with God and with each other. Sometimes we aren't able to keep our resolutions for more than a couple of weeks, but having the yearning to become better people is proof that we DO have the desire to become more Christ-like. If at first you don't succeed, don't be discouraged. No matter what, keep striving to overcome your shortcomings.



#### **New Year's Resolutions**

Need a resolution for the coming year? Here are some to consider:

- 1. Name your guardian angel and speak to him/her daily.
- 2. Pray the rosary every day and offer each decade for a different intention.
- 3. Fast on Fridays from meat like in the "olden" days.
- 4. Consecrate yourself to the Blessed Mother and learn at least one new prayer to Mary.
- 5. Learn and then practice the Corporal and Spiritual works of Mercy.
- 6. Find a patron saint to be your companion and celebrate his/her feast day.

"My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following Your will does not mean that I am actually doing so. But I believe that the desire to please You does in fact please You. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this You will lead me by the right road though I may know nothing about it. Therefore I will trust you always though I may seem to be lost and in the shadow of death. I will not fear, for You are ever with me, and You will never leave me to face my perils alone."

## La Página Español

#### Adoración Eucarística

Lunes: 9:00 a.m. - 4:00 p.m. Martes: 9:00 a.m. - 6:00 p.m. Jueves: 9:00 a.m. - 8:45 p.m.

#### Horario de Confesiones

Jueves a las 4:30 p.m. y el Sábado a las 3:30 p.m..

#### Adoración para los Niños

Jueves 3:00 p.m. - 4:00 p.m.

#### Clases de Bautismo

Clases de bautismo en español serán el Segundo Jueves de cada mes alas 7:00 p.m. en el salón Benedicto. Es necesario registrases para la clase en recepción Antes. Los bautizos serán cada 1er y 3er Sábado de cada mes a las 10:00am. Cualquier pregunta pueda llamar a Susana 303-776-0737, ext. 113 o catecismo@johnthebaptist.org.

**El Grupo de Jóvenes:** Se reúne todo los jueves a las 7:00 p.m. en el Martin Hall. Para más información comuníquese con Samantha Macias 303-720-4207.

**El Grupo de Mujeres:** El grupo de mujeres se reúne los martes a las 6:00 p.m. en la capilla. Para más información comuníquese con Evelia 720-882-6585, o Gaby 303-968-4476.

#### Adornos Navideños de SJB

P. Humberto les invita a comprar nuestro primer adorno navideño anual. Los adornos cuestan \$ 7.00 (impuestos incluidos).





#### Celebre la vida marzo de 2018

La celebración anual Celebrate
Life March en Denver es una
celebración de la vida de todas las edades y de todas las
etapas. Únase al mitin en los escalones al oeste del
edificio del Capitolio a la 1:00 p.m., y el parque March
around Centro Cívico comenzará a las 2:00 p.m.

## Meditación Evangélica

#### 31 de diciembre de 2017 La Sagrada Familia

Si preguntáramos a la gente en que se distingue la Navidad de otros días de fiesta de seguro su respuesta es que es día para la familia. Y es verdad, son días para ser vividos y disfrutar del calor familiar. Estas fechas son muy tradicionales a pesar del bombardeo de la publicidad que aprovecha estos elementos familiares para vender objetos que no se necesitan. Hoy la liturgia nos dirige la mirada hacia la familia de Jesús, a María y a José. Ellos vivieron durante treinta años en Nazaret, desde ahí es nuestra alianza a la fidelidad a la familia y a la humanidad entera. Si atendemos a las lecturas veremos que Jesucristo vivió 30 años en familia y 3 predicando el Reino de Dios para salvarnos. ¿Cómo santificas tú familia? ¿Cuánto tiempo dedicas al servicio del Reino de Dios?

Cualquiera que sea la repuesta, se llegará a la conclusión que la familia nace de la Encarnación y que Dios es nuestro Padre, y Cristo es el hermano que nos lleva a todos los demás. El Papa Francisco tiene mucha esperanza en la familia, él cree firmemente que la familia unida puede llegar a ser el motor de amor que mueva al mundo a la justicia y al amor. Él dice: "Cuando nos mostramos atentos a nuestras familias y a sus necesidades, cuando comprendemos sus dificultades y sus esperanzas... Vuestro compromiso en apoyo de las familias no ayuda sólo a la Iglesia, sino también a la Sociedad" (Discurso dirigido a los obispos de Sri Lanka, el 5 de mayo del 2014). ¿Cuál es tu opinión al respecto? ¿Qué piensas de lo que el Papa Francisco dice?





## Celebrate Life March - January 13th

The Celebrate Life March is a celebration of life at every age and every stage. Here is what's going on:

#### Mass at 7 Downtown locations

Annunciation (Spanish) 11:00 a.m.

Cathedral of the Immaculate Conception (English) 11:30 a.m.

Celebrant: Archbishop Samuel J. Aquila

Holy Ghost (English) 11:00 a.m.

Our Lady of Guadalupe (Spanish) 11:00 a.m.

Celebrant: Bishop Jorge Rodriguez

Sacred Heart (Spanish) 11:00 a.m.

St. Elizabeth of Hungary (English) 11:00 a.m.

St. Joseph (Spanish) 11:00 a.m.



Respect Life

Office Denver

#### Rally at 1:00 p.m. at the west steps of the State Capitol in Denver

Our MC: Chris Stefanick, Real Life Catholic

Music: Matt Miller

St. John Vianney Seminary Choir

#### **Speakers**

Most Rev. Samuel J. Aquila, Archbishop of Denver Dr. Don Sweeting, President, Colorado Christian University Denver Sisters of Life Monsignor Peter Quang Nguyen, Pastor, All Saints Catholic Church

Bethany Janzen, Students for Life of America, Rocky Mountain Regional Coordinator

#### March

March will be led by members of ENDOW (Educating on the Nature and Dignity of Women) Featuring:

3 groups of Matachines Dancers!

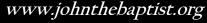
The Sangre Mexicana Mariachi Band!

For additional information, please contact Alexa Forster at 720-799-9299 or e-mail aforster@ccdenver.org.

### Live the Liturgy

Families face many challenges. All of the demands of work, school, and society can easily put a strain on even the best intentioned of families. Hurt, anger, and bitterness can grow in our families especially when conflicts are not properly resolved or relationships nurtured. Human beings require time, patience, love, and nurturing. We need to take time to celebrate the gift of family and not allow other demands to rob us of the time we need to spend together. Life is short. The Holy Family stands before us today showing us that love, commitment, and perseverance can see us through any difficulty or challenge life can bring. May we learn from their example!

Family isn't always blood. It's the people in your life who want you in theirs; the ones who accept you for who you are. The ones who would do anything to see you smile & who LOVE YOU no matter what.



## St. John's School News

## **Scenes from Our 2017 Christmas Concert**



























## Mass Intentions for the Week

Saturday, December 30, 2017

5:00 p.m. †Al Smith

Sunday, December 31, 2017 - Holy Family of Jesus, Mary, and Joseph

7:00 a.m. †Henry and †Rose Zapf

8:30 a.m. ♥Katie Reynolds

10:30 a.m. †♥Parishioners of St. John the Baptist

12:30 p.m. †Charles Staab 4:00 p.m. †Larry Owens

6:00 p.m. ♥Fr. Geronimo Gonzalez

Monday, January 1, 2018 - Solemnity of Mary, the Holy Mother of God

6:30 a.m. ♥Teresa Cuevas and Family

8:15 a.m. †Juanita Fell

Tuesday, January 2, 2018

6:30 a.m. †Charles Staab

8:15 a.m. ♥Fr. Geronimo Gonzalez

Wednesday, January 3, 2018

6:30 a.m. †Christine Medina

8:15 a.m. †Carl J. Eisert Jr.

Thursday, January 4, 2018

6:30 a.m. ♥Jenifer Deeter 8:15 a.m. †Chance J. Bryant

6:00 p.m. ♥Rejane Conte

Friday, January 5, 2018

6:30 a.m. ♥Karen Xander and Family

8:15 a.m. †Mark Kowalski

Saturday, January 6, 2018

8:30 a.m. †Gerald John Sturbaum

5:00 p.m. †Robert LeFever

Sunday, January 7, 2018 - The Epiphany of the Lord

7:00 a.m. ♥Paul Magallanes and Family 8:30 a.m. ♥Nick and †Marge Bono

10:30 a.m. Priest Intention

12:30 p.m. †♥Parishioners of St. John the Baptist

4:00 p.m. †Hazel Terry

6:00 p.m. †Gilma Rodriguez

Intentions indicated by †deceased and ♥living. Unmarked if unknown.

## Readings for the Week of December 31st

Sunday: Gn 15:1-6; 21:1-3 or Sir 3:2-6, 12-14/

Ps 105:1-2, 3-4, 5-6, 8-9, [7a, 8a] or

Ps 128:1-2, 3, 4-5 [cf. 1]/Heb 11:8, 11-12,

17-19 or Col 3:12-21 or 3:12-17/ Lk 2:22-40 or 2:22, 39-40

Monday: Nm 6:22-27/Ps 67:2-3, 5, 6, 8 [2a]/

Gal 4:4-7/Lk 2:16-21

Tuesday: 1 Jn 2:22-28/Ps 98:1, 2-3ab, 3cd-4 [3cd]/

Jn 1:19-28

Wednesday: 1 Jn 2:29—3:6/Ps 98:1, 3cd-4, 5-6 [3cd]/

Jn 1:29-34

Thursday: 1 Jn 3:7-10/Ps 98:1, 7-8, 9 [3cd]/

Jn 1:35-42

Friday: 1 Jn 3:11-21/Ps 100:1b-2, 3, 4, 5 [2a]/

Jn 1:43-51

Saturday: 1 Jn 5:5-13/Ps 147:12-13, 14-15, 19-20

[12a]/Mk 1:7-11 or Lk 3:23-38 or 3:23,

31-34, 36, 38

Is 60:1-6/Ps 72:1-2, 7-8, 10-11, 12-13 [cf. Next Sunday:

11]/Eph 3:2-3a, 5-6/Mt 2:1-12

#### Observances for the Week of December 31st

Monday: Mary, the Holy Mother of God (not a holy

day of obligation in 2018); Octave of

Christmas; World Day of Peace; New Year's

Day

**Tuesday:** Sts. Basil the Great and Gregory Nazianzen,

Bishops & Doctors of the Church

Wednesday: The Most Holy Name of Jesus Thursday: St. Elizabeth Ann Seton, Religious

Friday: St. John Neumann, Bishop St. André Bessette, Religious **Saturday:** Next Sunday: The Epiphany of the Lord

## Select Events for Our Parish

#### Monday, January 1:

Parish Office and Eucharistic Adoration closed

Daily Mass at 6:30 and 8:15 a.m.

#### Tuesday, January 2:

• English Baptism Class, 6:30 p.m., Benedict Hall

#### Wednesday, January 3:

• Scripture class, 9:00 a.m., St. Catherine

·Altar and Rosary Society, 12:00 p.m., Chapel

Blue Army, 7:00 p.m., Chapel

.Thursday, January 4:

•Stephen Ministry, 6:15 p.m., Benedict Hall

# The

## CATHOLIC Giving at Year-end, Consider the Possibilities

FOUNDATION We often express thanks to God

of Northern Colorado by giving to others. As you consider your charitable gifts before the end of the year,

remember that gifts made now could generate income tax deductions that reduce your 2017 tax bill. Please contact The Catholic Foundation to consider the possibilities of bequests, as well as gifts of appreciated stocks, IRA Charitable Rollovers, real estate, and cash to fulfill your need to give in gratitude for the blessings God has given each of us. Please contact Jean Finegan at The Catholic Foundation at 303-867-0613 or visit their website at www.TheCatholicFoundation.com.

#### Contacts

#### For the weekend of December 16-17

Address: 323 Collyer Street, Longmont, Colorado 80501

Phone: 303-776-0737 Parish Fax: 303-772-5636

Website: www.johnthebaptist.org

## Clergy

Father Humberto Márquez, Pastor frhumbertom@johnthebaptist.org
Father Daniel Ciucci, Parochial Vicar

frdanielc@johnthebaptist.org

Deacon Bob Howard

bobh@johnthebaptist.org

Deacon Mike Berens

michaelb@johnthebaptist.org

**Deacon José Rodriguez** joser@johnthebaptist.org

#### Parish Staff

Mary Ruth Bauer,

Pastoral Assistant and Facility Scheduler maryruthb@johnthebaptist.org, or ext. 139
Peggy Belknap, Business Office peggyb@johnthebaptist.org, or ext. 148
Anna Campbell, RCIA

annac@johnthebaptist.org, or ext. 140

Teresa Cuevas, Receptionist teresac@johnthebaptist.org, or ext. 100

Lyle Herrera, Maintenance Manager lyleh@johnthebaptist.org, or ext. 135

Maggie Howard, Music and Liturgy maggieh@johnthebaptist.org, or ext. 112

Nancy Olivari, Gift Shop

nancyo@johnthebaptist.org, or ext. 108

Donna Glover, Sacramental Records

donnag@johnthebaptist.org, or ext. 109

Janet Sage, Scrip

janets@johnthebaptist.org, or ext. 107

Mick Shivley, Business Manager

micks@johnthebaptist.org, or ext. 111

**Liz Smith, Faith Formation Coordinator** 

creed@johnthebaptist.org, or ext. 106 Joan Willden, Media and Publications

joanw@johnthebaptist.org

John Williams, Outreach Coordinator

sjbfoodbank@gmail.com, or 303-678-1469

## St. John the Baptist School

Investing in Our Children's Future Since 1922

350 Emery Street, Longmont, CO 80501

303-776-8760 or schooloffice@johnthebaptist.org

A Catholic learning environment for P-8 Kemmery Hill, Principal

Karen Gorman, Preschool Director



#### Treasure Sharing Collection Faith Direct

 Offertory
 \$17,552.77
 \$ 

 Other
 \$ 2,479.75
 \$ 

 For St. John's School
 \$ \$ 

St. John's Tithe to Charity \$1,755.00

## Scrip Program

Gross Sales from last week \$17,700.00



#### FAITH DIRECT Faith Direct

We would like to invite you to join Faith Direct, our parish's electronic giving

program. To-do lists can get lengthy during this season, but Faith Direct's eGiving program will give you one less thing to remember each week— no more envelopes to find before you go to Mass.

Visit www.faithdirect.net and use our church code: CO509. Thank you for your continued support of our parish family!

## Are you Catholic and Expecting?



Desgined for expectant parents, Catholic Baby University integrates childbirth education with a crash course in Catholicism to help prepare your hearts and homes for the baby. Co-created by the Archdiocese of Denver and Rose Medical Center, CBU is a series of six classes for a holistic mind, body, and spirit

preparation in this exciting stage of transition and newness. Here's what's covered:

**Catholicism** - Take a deeper dive into the beauty of Catholicism

**Childbirth -** The nuts and bolts of childbirth: educating parents about labor and delivery, breathing and relaxation, and preparing the birth partner to help and offer moral support.

**Community** - Meet other like-minded parents interested in connecting or re-connecting to the Catholic faith.

The 2018 class schedule is as follows:

January 22 - February 22 April 10 - May 3

September 17 - October 11

Questions? Contact Mary McGeehan at the archdiocese at 303-715-3107, or at mary.mcgeehan@archden.org.